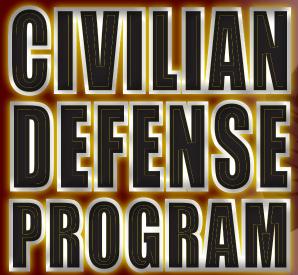


THE ONLY CIVILIAN PROGRAM THAT TEACHES
THE TECHNIQUES AND SAFETY TACTICS OF
MILITARY AND LAW ENFORCEMENT AGENCIES





WEGIVE YOU A REAL FIGHTING CHANCE AGAINST THE WORST POSSIBLE VIOLENCE.

# THIS UNIQUE IN-PERSON LAW ENFORCEMENT QUALITY PROGRAM WILL COVER THE FOLLOWING:

- POLICE / MILITARY KRAV MAGA HAND TO HAND COMBAT
- THREAT LANDSCAPE FOR NEW YORK FAITH-BASED COMMUNITY
- SITUATIONAL AWARENESS / STREET WISDOM
- RECOGNIZING AND REPORTING PRE-INCIDENT INDICATORS
- RECOGNIZING IMMEDIATE THREAT INDICATORS
- RISK ASSESSMENT / JUDGMENT / FAST DECISION MAKING
- CONFLICT DE-ESCALATION / CONFLICT RESOLUTION
- TECHNIQUES FOR DEALING WITH LIFE-THREATENING AGGRESSION
- SELF DEFENSE AGAINST VARIOUS TYPES OF WEAPONS
- USING, PROTECTING AND RETAINING WEAPONS YOU MIGHT CARRY (GUN, KNIFE, TELESCOPIC BATON, PEPPER SPRAY)
- USE OF ENVIRONMENTAL WEAPONS
- FEAR & CONFUSION CONTROL / USING FEAR TO YOUR ADVANTAGE
- DEVELOPMENT OF CONFIDENCE AND GENUINE MENTAL TOUGHNESS
- HOW TO STOP VARIOUS TYPES OF ATTACKS AFTER THE ATTACK BEGINS
- SELF EXAMINATION TO MAXIMIZE YOUR COMBAT ABILITY
- HARDENING SOFT TARGETS / SECURING YOUR HOME AND BUSINESS
- SETTING UP A SECURITY TEAM IN YOUR SHUL OR CHURCH
   COORDINATED TAKE-DOWNS OF ATTACKERS
- BASICS OF N.B.C. (NUCLEAR/BIOLOGICAL/CHEMICAL) ATTACK SURVIVAL
- LEGAL ASPECTS OF USE OF FORCE AND SELF DEFENSE

NEW PROGRAMS START:

2024

JUN 3rd NOV 4th

2025

FEB 3rd

www:PowerKravMaga:com



Beth El Jewish Center, 1981 Homecrest Avenue, Brooklyn, N.Y. 11229

#### 2024-2025 PROGRAMS:

Brooklyn Classes are offered in Semesters, and you can register on our website: <a href="https://www.PowerKravMaga.com">www.PowerKravMaga.com</a>. Classes fill up fast, so we STRONGLY SUGGEST that you register early. The Brooklyn classes are mixed, but Men & Women train seperately.

June 3rd 2024 to September 30th 2024 October: JEWISH HOLIDAYS / NO CLASSES November 4th 2024 to January 29th 2025 February 3rd 2025 to May 28th 2025

CLASS TIMES FOR ALL PROGRAMS ARE

**MONDAY & WEDNESDAY EVENINGS @ 7:30PM** 

#### **CONTACT**:

Phone: 929-277-1863

Website: www.PowerKravMaga.com

www.ChaiDefense.com

E-Mail: ChaiDefense@gmail.com

Facebook: CHAIDEFENSE







# **CHAI DEFENSE - STATEN ISLAND**

Young Israel of Staten Island, 835 Forest Hill Road, Staten Island, N.Y. 10314

#### 2024-2025 PROGRAMS:

Staten Island Classes are offered on an ongoing month to month basis, so you can join anytime.

#### **CLASS TIMES ARE:**

THURS: (Men Only) 6pm-7pm

SUN: (All Ages/Mixed) 6pm-7:30pm

#### **CONTACT:**

Phone: 929-277-1863

Website: www.ChaiDefense.com
E-Mail: ChaiDefense@gmail.com





# **ABOUT US:**

#### **MISSION STATEMENT:**

Chai Defense is a 501(c)(3) nonprofit organization that unites the Jewish community under "Am Echad" (One Nation) promoting peace through self-defense education.

We empower individuals to protect themselves and their community, fostering resilience and ending victimhood.

#### **OVERVIEW:**

Chai Defense is committed to addressing the security concerns faced by the global Jewish community. To achieve our goals, we have forged partnerships with highly qualified Krav Maga and security professionals who lead our self-defense classes. These classes not only serve as a means of improving physical fitness, but also as a crucial step towards fortifying the safety of Jewish individuals and families. It is our firm belief that through empowerment, education and self-defense, we can enhance the security of the community. The funds raised for our organization, help those who may lack the resources needed to participate in our programs.

# **WAYS TO DONATE:**



7FIIF:

chaidefense@gmail.com



VENMO:

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CHECK: Mail to:
CHAI DEFENSE
1185 Hylan Blvd.
#1154, Staten Island
New York 10305



# **CONTACT INFO:**

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